

Alief Montessori Community School

001 - Alief Montessori Community School

Mar 21, 2017

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Breakfast, April , 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 3 Bagel with Cream Che Pineapple Grape Juice Milk, 1% or Fat Free	Apr - 4 Sausage Muffin Peaches Orange Juice Milk, 1% or Fat Free	Apr - 5 Blueberry Muffin Mixed Fruit Apple Juice Milk, 1% or Fat Free	Apr - 6 Cheese Sandwich Pineapple Apple Juice Milk, 1% or Fat Free	Apr - 7 Pancake with Jelly Strawberry Cup Apple Juice Milk, 1% or Fat Free
Apr - 10 Blueberry Muffin Mixed Fruit Apple Juice Milk, 1% or Fat Free	Apr - 11 Sausage Muffin Peaches Orange Juice Milk, 1% or Fat Free	Apr - 12 Pancake with Jelly Strawberry Cup Apple Juice Milk, 1% or Fat Free	Apr - 13 Bagel with Cream Che Pineapple Grape Juice Milk, 1% or Fat Free	Apr - 14 Good Friday
Apr - 17 Sausage Muffin Peaches Orange Juice Milk, 1% or Fat Free	Apr - 18 Blueberry Muffin Mixed Fruit Apple Juice Milk, 1% or Fat Free	Apr - 19 Bagel with Cream Che Pineapple Grape Juice Milk, 1% or Fat Free	Apr - 20 Pancake with Jelly Strawberry Cup Apple Juice Milk, 1% or Fat Free	Apr - 21 Cheese Sandwich Pineapple Apple Juice Milk, 1% or Fat Free
Apr - 24 Pancake with Jelly Strawberry Cup Apple Juice Milk, 1% or Fat Free	Apr - 25 Sausage Muffin Peaches Orange Juice Milk, 1% or Fat Free	Apr - 26 Cheese Sandwich Pineapple Apple Juice Milk, 1% or Fat Free	Apr - 27 Bagel with Cream Che Pineapple Grape Juice Milk, 1% or Fat Free	Apr - 28 Blueberry Muffin Mixed Fruit Apple Juice Milk, 1% or Fat Free

Good Friday: April 14

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mar 29, 2017

Lunch, April 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 3 Chicken & Gravy Brown Rice Broccoli Corn Vegetarian Beans Wheat Bread Peaches Milk, 1% or Fat Free	Apr - 4 Fish Sticks Macaroni/Cheese Broccoli/Carrots/Caulifl Cole Slaw Vegetarian Beans Ketchup Pineapple Milk, 1% or Fat Free	Apr - 5 Spaghetti/Turkey Mixed Salad Baby Carrots Ranch Dressing Wheat Bread Apple Milk, 1% or Fat Free	Apr - 6 Chicken Quesadilla Broccoli Carrots Refried Beans Corn Pineapple Milk, 1% or Fat Free	Apr - 7 Cheese Burger Strawberry Cup Celery Sticks Sweet Potato Fries
Apr - 10 Chicken Nuggets Macaroni/Cheese Broccoli Carrots Vegetarian Beans Ketchup Pineapple Milk, 1% or Fat Free	Apr - 11 Chicken/Noodles Corn Carrots Pinto Beans Wheat Bread Peaches Milk, 1% or Fat Free	Apr - 12 Turkey Taco Meat Tortilla Chips Cheese Sauce, Lettuce/Tomato Salad Baby Carrots Refried Beans Strawberry Cup Milk, 1% or Fat Free	Apr - 13 Oven Baked Chicken Drumsticks Mashed Potatoes Gravy Green Beans Carrots Wheat Bread Garbanzo Beans Peaches Milk, 1% or Fat Free	Apr - 14 Good Friday
Apr - 17 Spaghetti/Turkey Mixed Salad Baby Carrots Ranch Dressing Wheat Bread Apple Milk, 1% or Fat Free	Apr - 18 Chicken Chili Crispito Green Beans Carrots Pinto Beans Wheat Bread Pineapple Milk, 1% or Fat Free	Apr - 19 Fajita Chicken Strips Spanish Rice Broccoli/Carrots/Caulifl Baby Carrots Pinto Beans Wheat Bread Peaches Milk, 1% or Fat Free	Apr - 20 Chicken & Gravy Brown Rice Broccoli Corn Vegetarian Beans Wheat Bread Peaches Milk, 1% or Fat Free	Apr - 21 Cheese Pizza Potato Tator Tot Baby Carrots Celery Sticks Ketchup Ranch Dressing Oranges Milk, 1% or Fat Free
Apr - 24 Oven Baked Chicken Drumsticks Mashed Potatoes Gravy Green Beans Carrots Wheat Bread Garbanzo Beans Peaches Milk, 1% or Fat Free	Apr - 25 Fish Sticks Macaroni/Cheese Broccoli/Carrots/Caulifl Cole Slaw Vegetarian Beans Ketchup Pineapple Milk, 1% or Fat Free	Apr - 26 Chicken Quesadilla Broccoli Carrots Refried Beans Corn Pineapple Milk, 1% or Fat Free	Apr - 27 Chicken Chili Crispito Green Beans Carrots Garbanzo Beans Wheat Bread Mixed Fruit Milk, 1% or Fat Free	Apr - 28 Turkey/Chesse Sandwi Potato Wedge Baby Carrots Celery Sticks Ranch Dressing Apple Milk, 1% or Fat Free

Good Friday: April 14

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After School Snack, April, 2017

Mar 29, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 3 Cheddar Chex Mix Apple Juice	Apr - 4 Animal Crackers Orange Juice	Apr - 5 Boiled Egg Goldfish Crackers Apple Juice	Apr - 6 Strawberry Cup	Apr - 7 Lil Graham Square Apple Juice
Apr - 10 Strawberry Cup	Apr - 11 Chex Mix, Strawberry/ Apple Juice	Apr - 12 Snack Mix Orange Juice	Apr - 13 Boiled Egg Goldfish Crackers Apple Juice	Apr - 14 Good Friday
Apr - 17 Lil Graham Square Apple Juice	Apr - 18 Snack Mix Orange Juice	Apr - 19 Chex Mix, Strawberry/ Apple Juice	Apr - 20 Cheddar Chex Mix Apple Juice	Apr - 21 Animal Crackers Orange Juice
Apr - 24 Cheddar Chex Mix Apple Juice	Apr - 25 Graham Crackers Orange Juice	Apr - 26 Strawberry Cup	Apr - 27 Snack Mix Orange Juice	Apr - 28 Pretzel, Mini Apple Juice

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